Treatment protocol for PTSD, Depression, ADHD and Anxiety



This is a great protocol to use on patients who have depression/ PTSD / ADHD and anxiety too.



You can use either Gold ASP needles (for 2 to 4 days) Or Pyonex needles. The Pyonex needles can say in the ear for About the same amount of time before they fall out or need to be changed

Points used to treat

Tranquility zone also known as the Valium point



Basal ganglia also known as Shenmen



Prefrontal also known as the wrist point



Heart point in Nogier Phase 3 (chronic)

Points and there locations



Basal ganglia (Shenmen)

Prefrontal/ Wrist point (AKA Shenmen)



UT BOTH

2

and and



Treat each point for 30 seconds with the following frequencies



3



10 Hz

10 Hz



This patient here had depression. As you can see he has a red spot on the valium point.