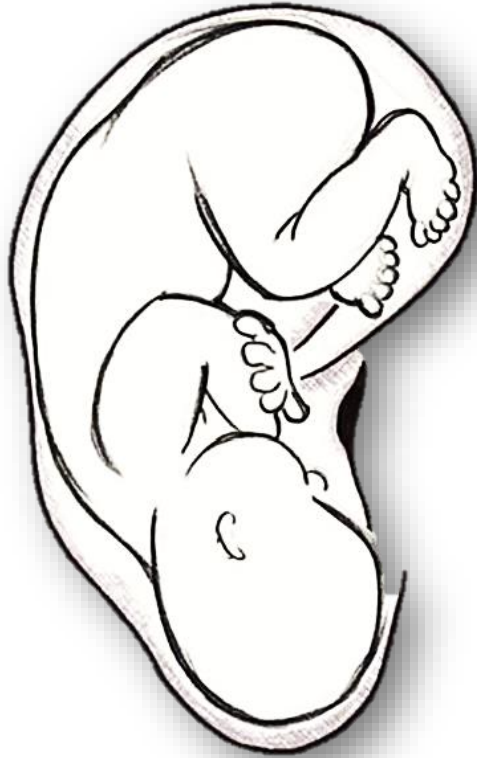


The Illusion Shen Men?

Illusion

How to Begin to Look at the Ear

Nogier Phases, Remember This, You'll See Again Soon



Phase 1
Acute



Phase 2
Degenerate



Phase 3
Chronic

What Conditions is Shenmen used for?



<http://www.studioqi.com.au/blog/shen-men--the-ultimate-chill-out-point>

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Shen Men: The Ultimate Chill-out Point Pictured below

Posted by Tabitha Fennell on 17 June 2014



Green arrow is pointing to Shen Men above

What the Acupuncturist Says About Shenmen



Picture of Shen Men above

Shen Men is an amazing ear point that is used for when you over-think and are feeling worried or anxious. We can also put an ear tack (which is a tiny 3 mm needle with a Band-Aid) that you keep in for up to 5 – 6 days. It's a take-away point so when you feel anxious or stressed you can just lightly press on it, stimulating its function to you. I always get amazing feedback from clients on how it helped them feel calmer.

What the Patient Says About Shen Men



My life is busy and I can tend to worry and feel anxious at times so I put an ear tack in on Shen Men. Wow, it's so true; it really does chill you out. I was amazed at my clear head and just generally my more centered and relaxed approach to life. In fact, Brad kept asking "was I ok?", he felt I was a bit detached (makes me smile) but I assured him I was feeling great and totally mellow. So next time you're having some acupuncture ask your practitioner for a take-away Shen Men tack, it's beautiful and truly does help you to relax when life gets busy.

Symptoms, Pre and Post Treatment

Symptoms Before

Anxious

Anxious

Anxious

Over-think

Stressed

Worry

Worried

Post Treatment

Centered

Clear head

Chill you out

Feel calmer

Feeling great

Makes me smile

Mellow

Relaxed

Relax

Relax

Correct Location of Shen Men?

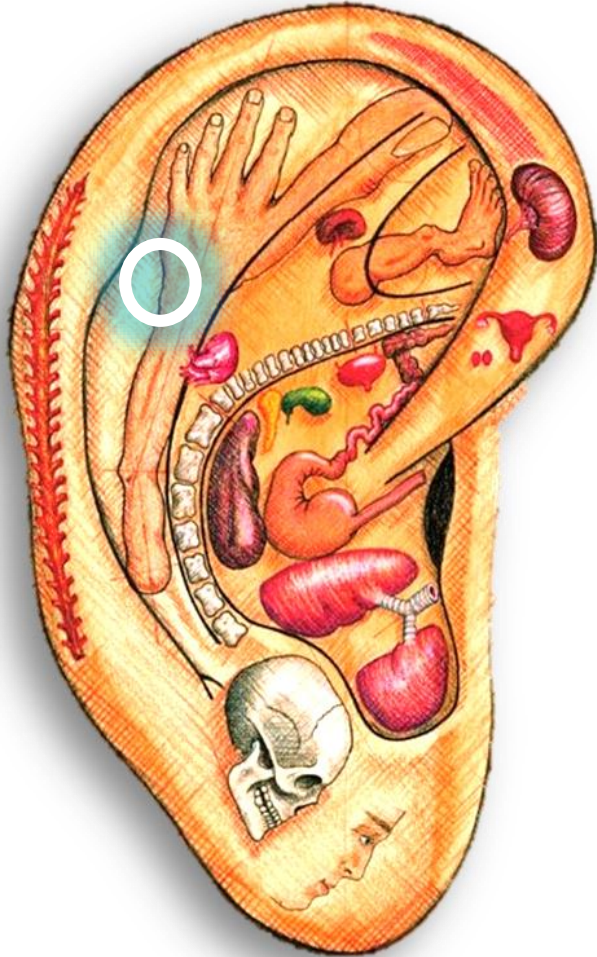


Correct Location of Shen Men?

On the previous page that point was ear Shen Men, not Shen Men (heart 7). Is there a difference? Kind of, depending on how you look at the ear.

I will explain this to you on the following page.

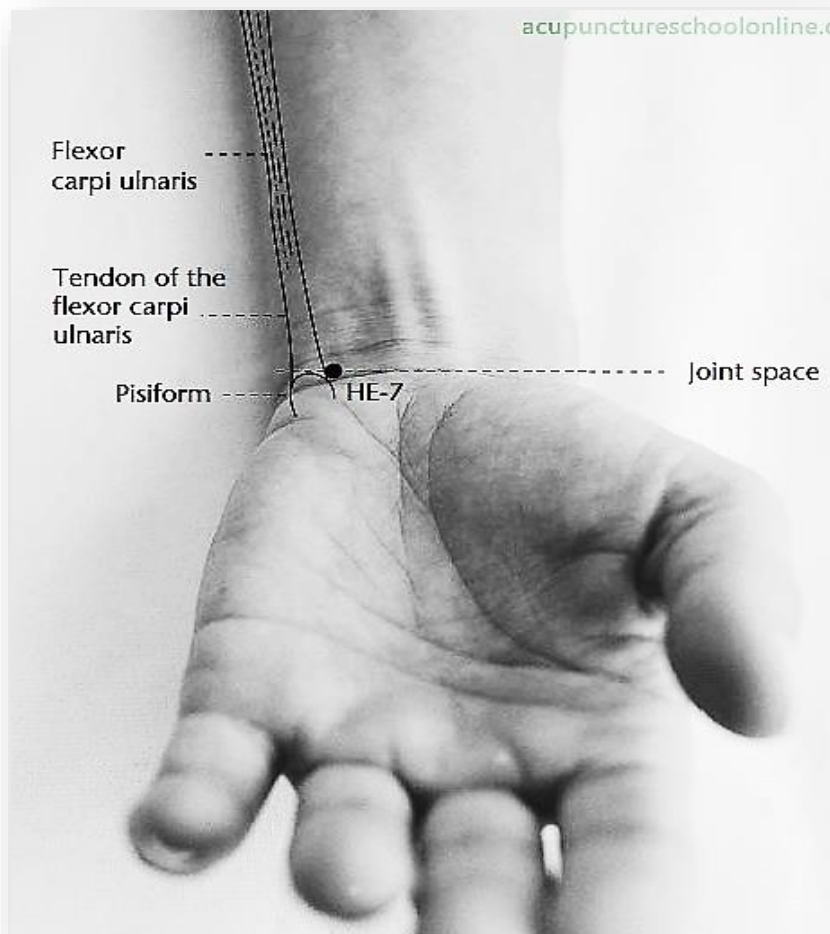
Shen Men Heart 7



Ear Shen Men



Heart 7 (Shen Men)

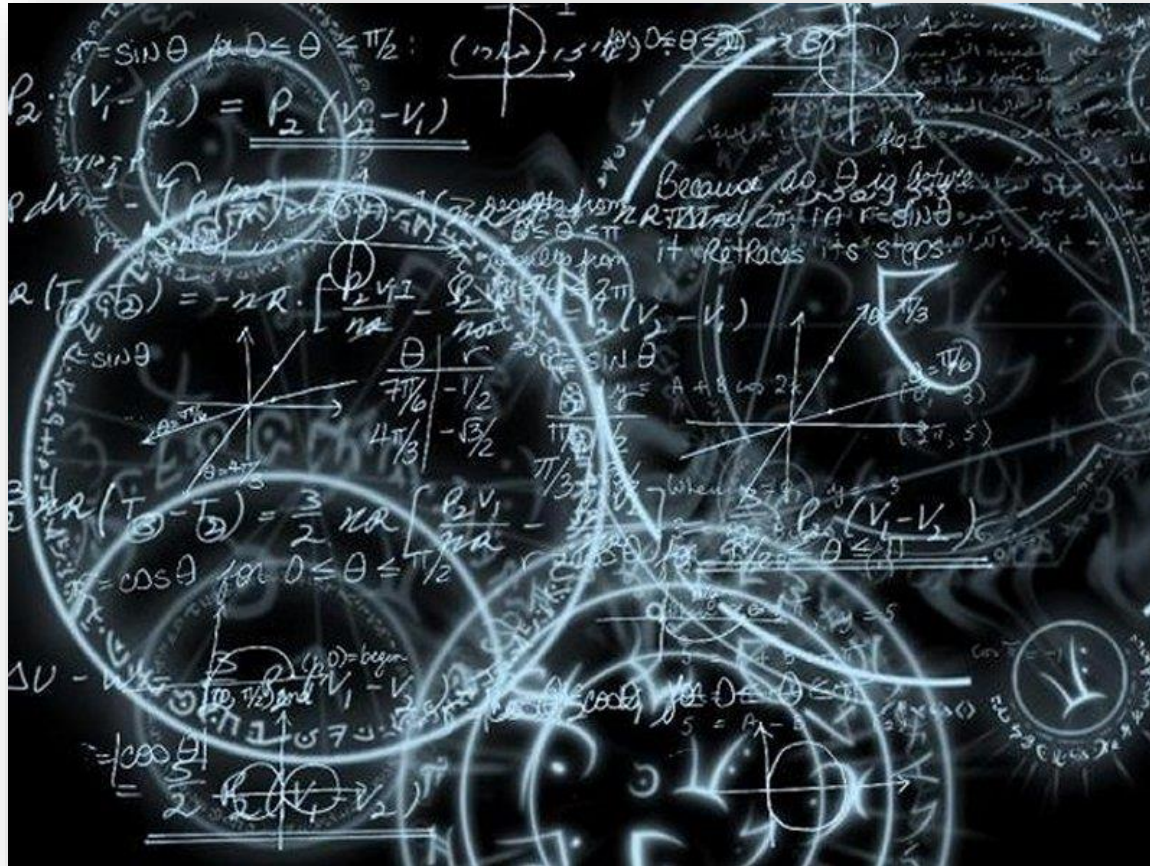


Ear Shen Men



Two Shen Men's in the ear

Quantum Points



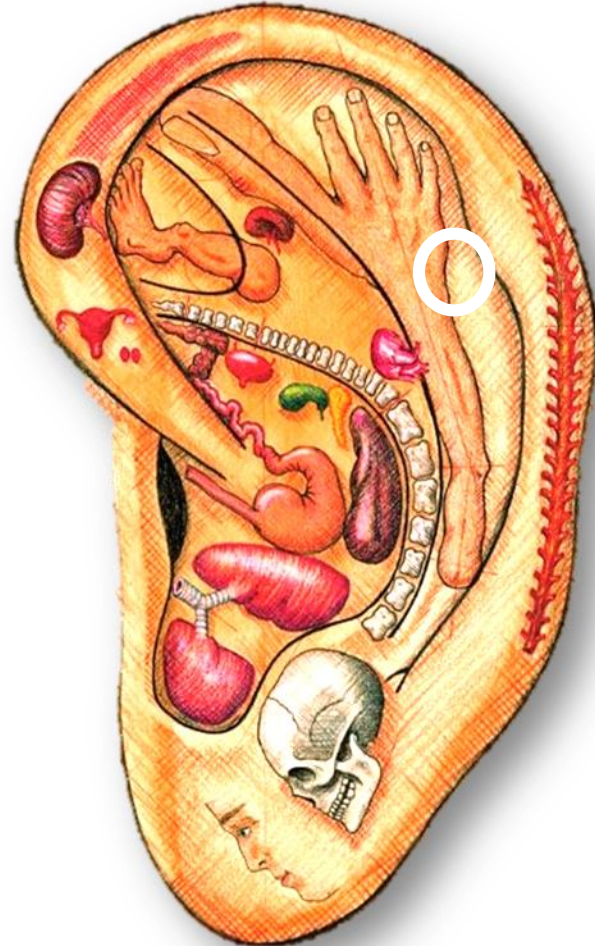
Question? Can one point be located at two or more places at once ?

The Quantum Points

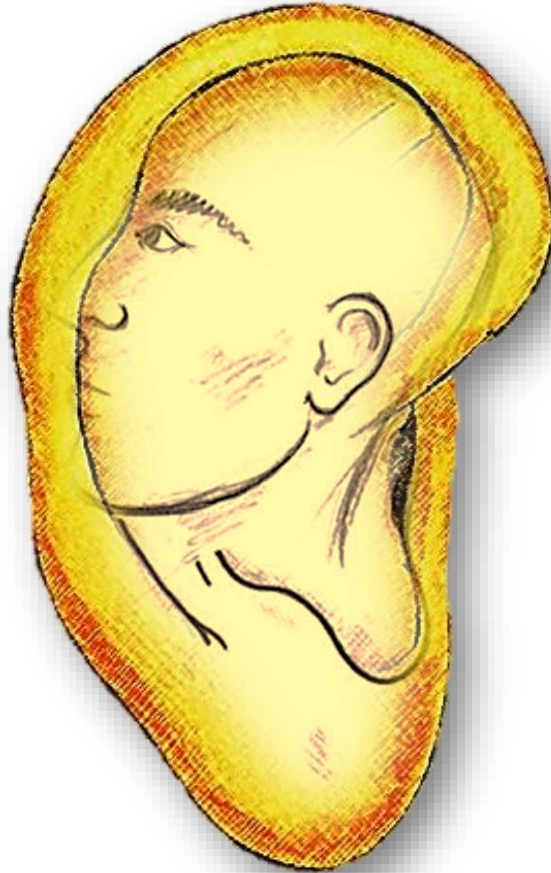
Shen Men



Shen Men and?

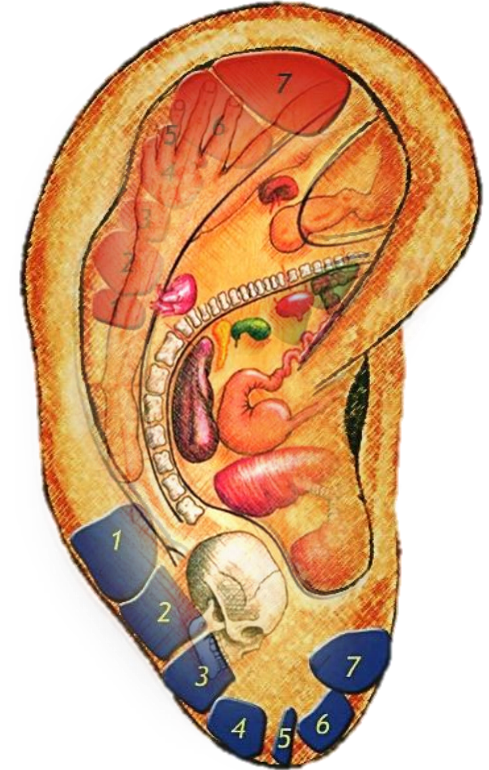
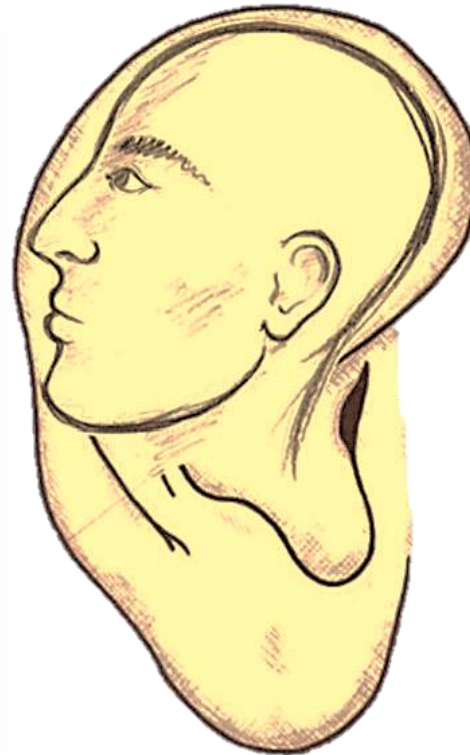
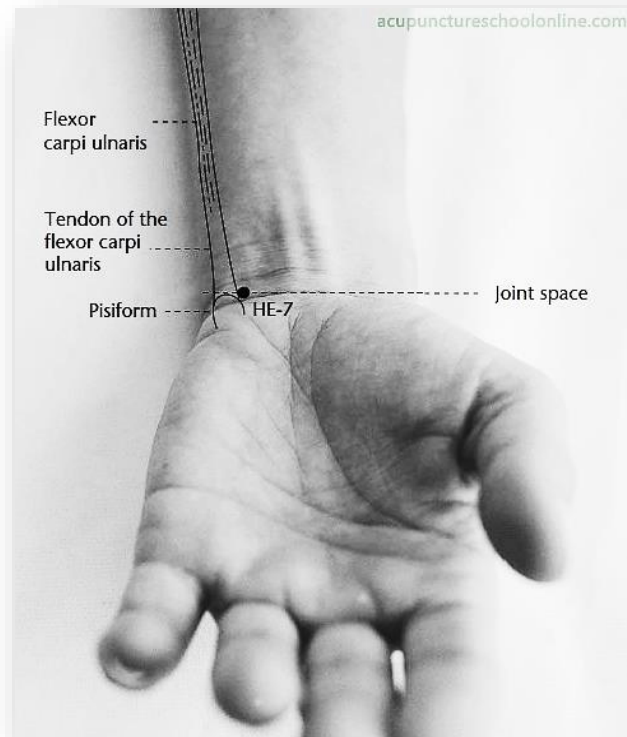


Did You Remember This Illustration?



Shen Men, Yintang, it's same point location

The Same Point In the World of Quantum



1 + 1 + 1 = all the same