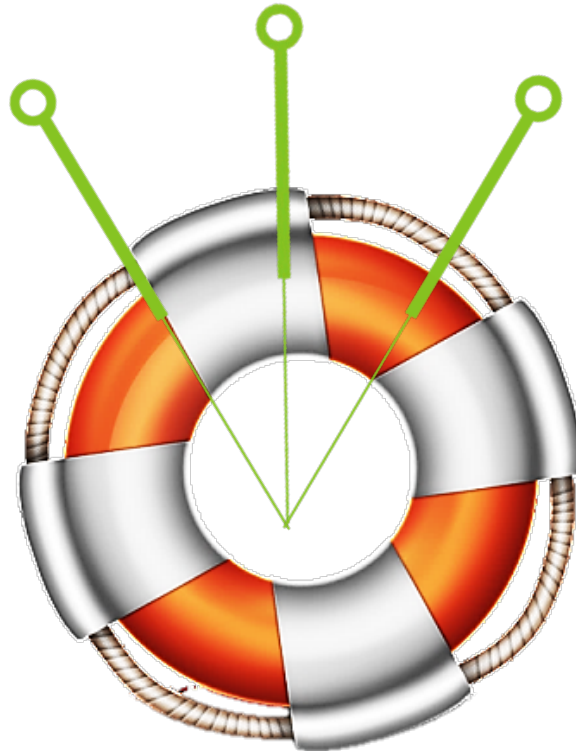


# Point Zero To The Rescue

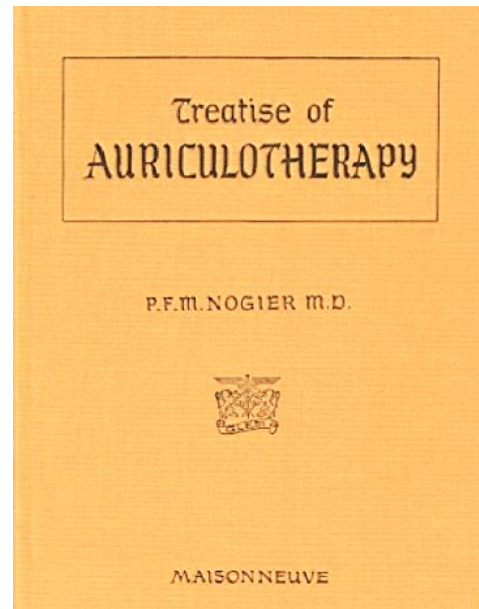


# Point Zero To The Rescue

Taught to me by Dr. Richard Niemtow, this protocol can be traced back to writings of Dr. Paul Nogier in his classic book *Treatise of Auriculotherapy*. In chapter 7 (of *Treatise of Auriculotherapy*) Nogier discusses in detail the phenomenon he observed in the early days of his research. He discusses what to do if you can not detect a painful point (also calls this neurohormonal point) this can be rectified by stimulating Point Zero to bring the ear back online.

This not only works in auricular therapy, but also when my body acupuncture points have reached a plateau where it has stopped resulting in a successful treatment. Please also let it be known as a clinical observation (and please take this only as a clinical observation) I've noticed that this technique has also worked for some Western pharmaceutical medicines.

# Point Zero to the Rescue



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In my practice, I have observed this technique to work for following scenarios; when a technique, a treatment or set of points which worked in the past has stopped working or producing the desired results, I stimulate this point (in two different ways) to bring about the desired effect again.

It makes the medications work again on patients who have become immune to these onetime successful pharmaceuticals. I am talking about the use of medications for depression that were once effective for that patient over time losing its potency to once again having the same effect when first started.

*This is only my opinion of a licensed acupuncturist who observed this phenomenon for some time now. It should only be used as FYI knowledge in your treatment and not as a fact in these patients.*

But please take that as just a clinical observation and not a form of medical advice as I am not a Western trained or licensed medical physician.

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As I mentioned before there are two ways to stimulate Point Zero to bring about lasting results from treatments that have stopped working. The first technique is by using regular acupuncture needles, any size or length are enough. I personally use Seirin L-style number three needles when I use this technique with acupuncture needles. It can also be accomplished by using electrical stimulation also known as TENS on Point Zero.

When performing this technique, use the needles in the ear first before putting any other points anywhere throughout the body. It is imperative to tell the body a clear and concise message on what you want to achieve. For example, place one acupuncture needle in Point Zero in the left ear and then one in the right ear at Point Zero.

These are only two needles that should be in the body at this time. Let those needles stay in Point Zero for 30 minutes. After 30 minutes, remove the needles and at that time you can begin your treatment that once worked on this patient and it will work again. To perform this technique with TENS do as followed, stimulate Point Zero (it doesn't matter what side you start with first) for two minutes at 10 Hz, then switch ears and do the same on the other ear for two minutes with 10 Hz.

Once completed you can start your treatments that once worked on this patient. You'll see that by doing this your techniques protocols and points will work once again for this patient. A good way of looking at this is by looking at your computer when it freezes when it has been on for too long and you hit the reset button or restart your computer for it to start working properly again.

Remember that it is important to only use two needles, one in the left ear and one in the right ear (if you use acupuncture needles) for this technique to work. The same holds true if you use TENS on the ear. Make sure that there are no other needles in the body when you use TENS. After you treat both ears for total two minutes on each side (four minutes in total to on the right ear to on the left ear) you can then go ahead and treat that patient successfully once again.



# Resetting BFA If It Stops Working?



Over time, the Battlefield Acupuncture protocol may stop working or not work as well on some patients that previously had good results



To reset the points on the ear, I use the Stimplus Pro Micro Current Stimulator



You can use any point stimulator that can stimulate at 10hz



Stimulate the real Point Zero, the one you learned in school, for two minutes on each ear

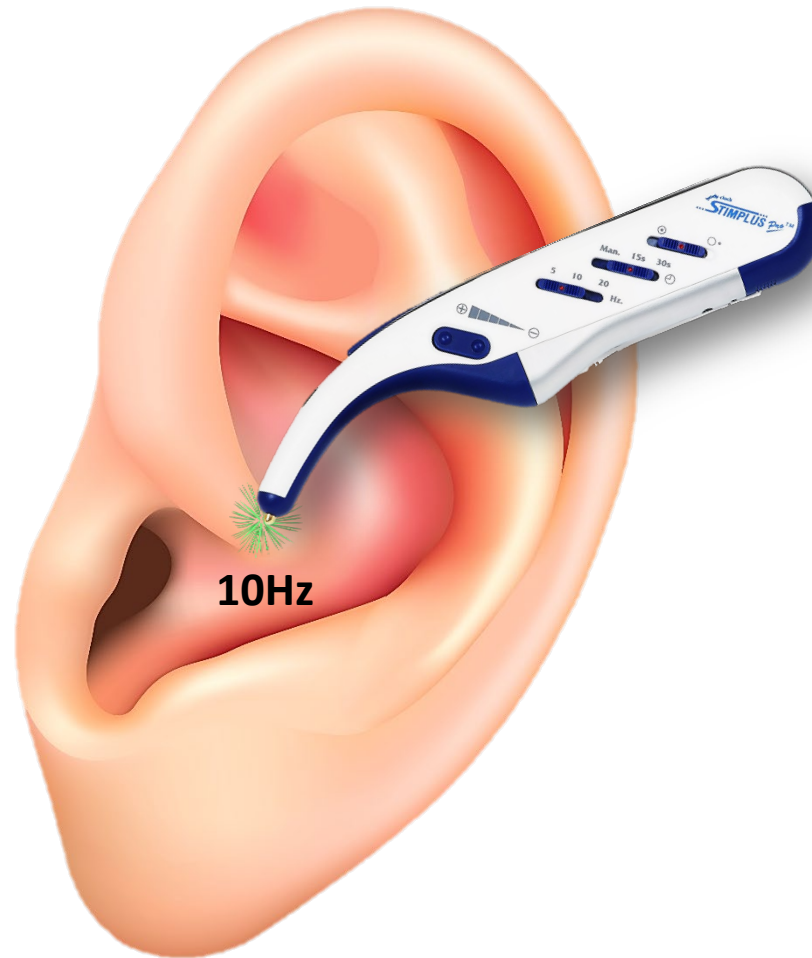
**\*No Stimulator... then needle the “true” Point Zero, place one acupuncture needle in each ear at Point Zero for 30 minutes**

# Stem-Pro Plus Micro Current Stimulator



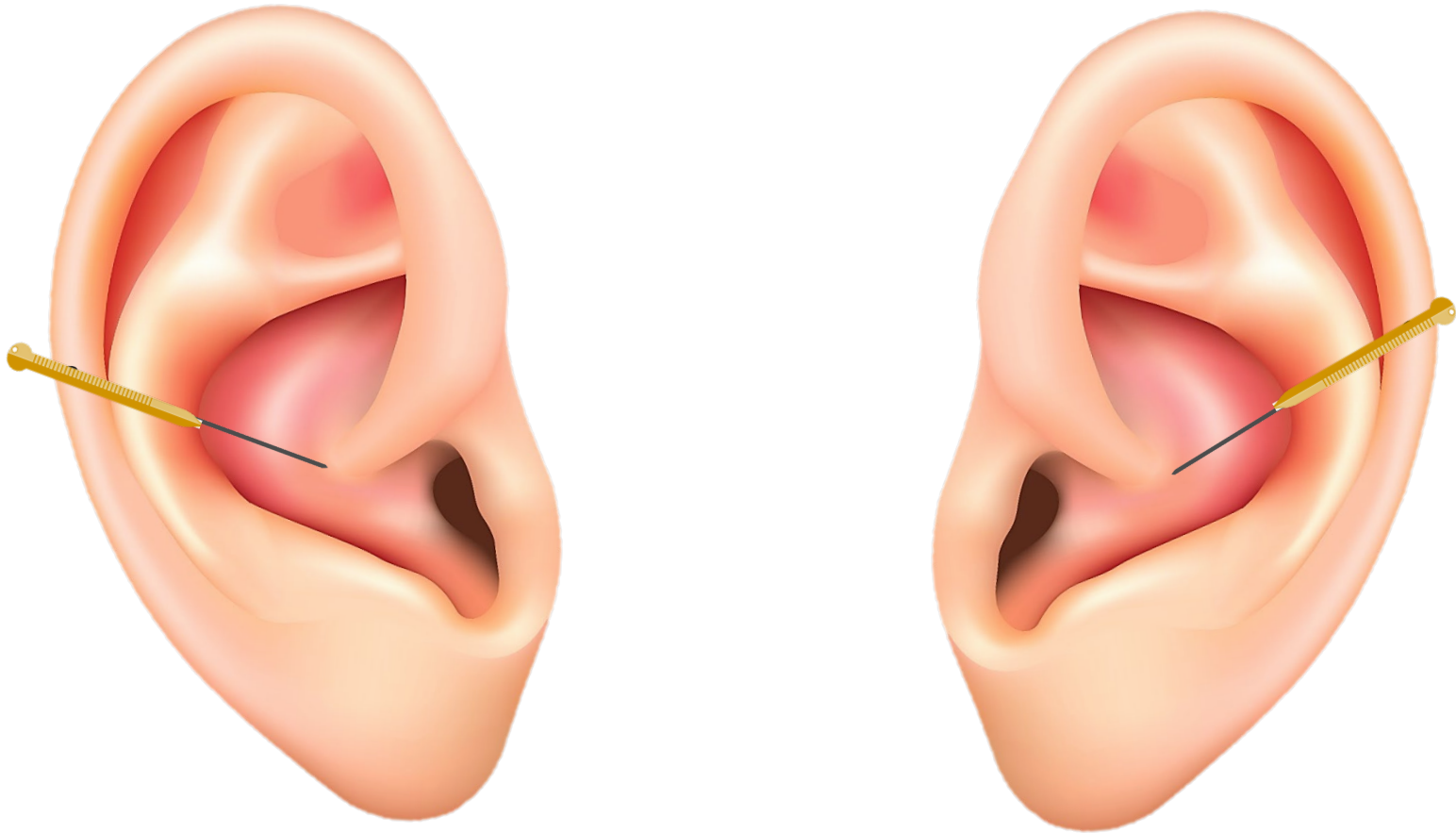
This is one of the stimulators I use in my clinic.  
It has three settings, 5Hz, 10Hz, and 20Hz.

# Point Zero Stimulation



Stimulate point zero for 2 minute with 10Hz on each ear.

# Point Zero With Acupuncture Needles



Use 2 acupuncture needles (one in each ear) for 30 minutes.  
Only do these points first, no other needles must be in the body.