

Battlefield Acupuncture, an essential complement to the morale of the troops





What is Battlefield Acupuncture (BFA)?

This ear (auricular) acupuncture protocol was developed by Dr Richard C. Niemtzow in 2001. He is a retired Air Force colonel and was the first full-time physician acupuncturist in the Armed Forces.

He originally conceived this technique **as a way to deliver pain relief through acupuncture as quickly and efficiently** as possible in combat and other military situations. It is growing in popularity in both military and civilian medical settings internationally.

This unique technique uses semi-permanent ASP® needles to activate ear points in order to influence the processing of pain in the central nervous system. According to Dr Niemtzow, pain relief can be immediate and hold for a longer stimulation. It can also be used in case of anxiety and insomnia.

Benefits for the military:

- The ear is always available
 - ↳ **The soldiers can stay in uniform**
- Very fast technique (a few minutes is enough), easy to learn, which can be practiced standing, which requires little equipment
 - ↳ **Possibility of training the soldiers so that they apply them on each other when they are in operation**
- Immediate action, without side effects
 - ↳ **The soldier can continue his activities**
- Reduction in opioid consumption
 - ↳ **Avoid the risk of addictions and side effects**

Recognized by NATO

In the report of the NATO HFM 195 Task Force on the Use of Integrative Medicine Interventions for Military Personnel, published in 2015, it is stated:

“Several modalities can be implemented into the military systems, with evidence that the treatments are safe, cost-effective, and efficacious for the military population. These include acupuncture, particularly battlefield acupuncture...”

This report recommends the implementation of multinational Battlefield Acupuncture programs.

BFA was recognized in 2019 as **a solution to fight the opioid crisis** by the Association of American Medical Colleges.

BFA was also presented in the documentary Escape Fire: The Fight to Rescue American Healthcare in 2012. In the excerpt [here](#), you can see the insertion of ASP® needles at 4.26.



Battlefield Acupuncture European training Tour in February 2022

We invite you to come and discover this therapy in Copenhagen on February 25th and 26th 2022. From 9 am to 12 pm and from 1 pm to 5 pm.

Trainer



John Howard served the United States as an Army Special Operations Medical Sergeant and Navy Emergency Medical Technician. Upon completion of his Traditional Medicine degree in 2004, he entered into a five-year fellowship with the US military under the direction of Dr. Richard Niemtzow, MD, PHD.

Today he is an acupuncturist and trainer. As a protégé of Dr Niemtzow, he has been training Battlefield Acupuncture since 2007 in America and Europe.

Other dates :

- 12th and 13th of February 2022: Barcelona – Spain
- 18th and 19th of February 2022: Lyon – France
- 5th and 6th of March 2022: Bristol – UK

Course content:

Day 1:

- The history of Auriculotherapy and BFA
- Learn and apply the BFA Protocol
- Effectively use ASP® needles
- Recognize Side Effects and Results of BFA
- Apply BFA in clinical practice successfully

Day 2:

- Learn Advanced BFA – how and when to utilize it
- Proper use of needles
- Clinical Pearls
- Contraindications and Outcomes of ABFA
- Apply ABFA and Auriculotherapy protocols into clinical practice successfully

Contact Stefanie Cochet for further information:

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Sedatelec: the world standard in Auriculotherapy

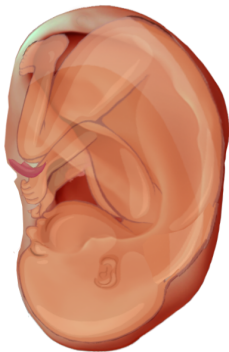
Sedatelec is specialized in the **design and distribution of medical equipment for complementary medicines**.

Located in **FRANCE**, near LYON, it employs 20 people and **exports about 80% of its production, in more than 40 countries**, in Europe and the rest of the world through its international network of distributors.

Founded in 1978, Sedatelec worked with Doctor Paul NOGIER, the father of Auriculotherapy and developed the **first sterile semi-permanent ear needle, the ASP®**.

It also created the first electronic devices and soft lasers to contribute to the development of auriculotherapy and complementary medicines. Today, Sedatelec is continuing to **provide quality, innovative and non-medication-based technological solutions**. Its products are widely hailed for their ease of use, so the therapist does not have to fiddle with adjustments.

Auriculotherapy



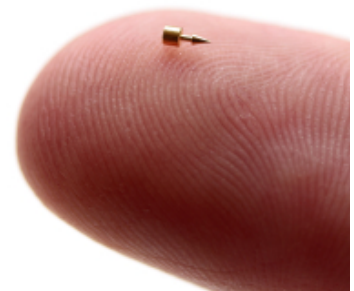
Dr Paul Nogier (1908-1996), a neurophysiologist fascinated by acupuncture, homeopathy and psychology, demonstrated in the beginnings of the 1950s, that certain points on the external ear corresponded to organs or systems and that their distribution corresponded to the image of an **inverted fetus**.

This somatotopy, which defines the links between the pinna of the ear and the central nervous system via the brain stem, **recognized by the WHO since 1987**, is the basis for the practice of Auriculotherapy.

ASP® semi-permanent needle

The ASP® Original or Sedatelec Semi-Permanent Needle was created in France in collaboration with Dr Paul Nogier. It has been used on a daily basis by many practitioners, hospitals and pain centers throughout the world for over 40 years.

This sterile device is comprised of a small needle placed in a plastic injector. This injector makes it easy for the practitioner to hold and precisely implant the needle in the ear while ensuring it remains sterile. The needle can stay in place up to a maximum of 30 days for a prolonged stimulation of the auricular point.



It is the essential tool for practicing Battlefield Acupuncture (BFA).